



University Orthopaedic Center

News *Just for you!*

Volume 4, Issue 4

Fall 2008



Shoulder pain?
Can't throw a ball?
CAN'T RAISE HANDS ABOVE YOUR HEAD?
Your shoulder keeping you up at night?

'Common Shoulder Problems'
Free patient education seminar set for Dec. 10, 2008

Greetings!

As we watch the trees change color and gear up for the winter and new year, I wanted to share the following changes that are taking place here at UOC that will surely benefit you even more.

1. As of October 1st, I am available on-call at HUMC-North at Pascack Valley too. This is a great opportunity for those of you who live in that area —remember, you can request that I be called at anytime.
2. We are also initiating an educational seminar series about the muskeletal system—the first will focus on shoulder problems and how to prevent further injury. Feel free to invite your friends, colleagues & family.
3. To further enhance your experience with UOC, we invite you to complete a UOC survey that you will be receiving via e-mail, just complete and submit. Your input is always welcome!

May you all have a very Happy Thanksgiving!
Raphael S. F. Longobardi, MD, FAAOS



COMMON SHOULDER PROBLEMS

“Out with the old, in with the new!”
A NEW way to move, feel & start 2009 right!

YOU ARE INVITED
to a *Free Patient Education Seminar*
Wednesday, December 10, 2008
11:30 am
411 Hackensack Avenue,
1st Floor Conference Room
Learn how your shoulder works,
what to be aware of, how to
lessen the pain & more.



RSVP to Melaine or Wendy Phone 201.343.1717
OR e-mail your name & number attending to:
univorthoctr@verizon.net.
Please include “RSVP Shoulder” in subject line.

A UOC EDUCATIONAL SEMINAR SERIES...

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To subscribe to our
e-newsletter, UOC News...
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www.universityorthopaedic.com,
click on newsletter and submit
your e-mail address.

INSURANCE & YOU



As we continue to review our insurance policies to better meet your needs, we have added the following companies:

Managed Care

Consolidated Services Group (CSG)
Consumer's Health Network - PPO

Union Health Benefit Trust Funds

Medicare

**Motor - Auto Vehicle Accident -
No Fault Insurance**
CSG; Procura Auto;
NJ Manufacturers Insurance

Worker's Compensation
CSG; Procura Worker's Compensation;
NJ Manufacturers Insurance

Future benefits...

An application has been made to the following on behalf of Dr. Longobardi:

HUMC's IPA

Benefits over 4,000+ HUMC employees

Qualcare

Largest, full-service provider sponsored managed care organization in NJ.



Check the UOC website often for updates to billing procedures & payment options—
www.universityorthopaedic.com

The UOC Office Staff

The right contacts for a successful visit!

When you call our office, please don't hesitate to ask Wendy or Melaine for assistance with insurance matters or request additional information regarding your condition. Dr. Longobardi works closely with all on his staff to ensure you are assisted professionally and are provided with the resources necessary for your care. Keep in mind, that there are times when schedules change and Dr. Longobardi might be available to see you earlier than planned or even the same day that you call—please don't hesitate to ask if the need should arise.

Melaine



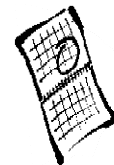
Our 'Front Desk Coordinator' will assist with scheduling appointments, completing patient forms, securing payment and billing questions.

Linda



Our 'X-Ray Technician' will greet you, bring you to an exam room and make the x-ray procedure comfortable, quick and easy. Once that is completed, Dr. Longobardi is able to bring up your scans within minutes and have ready for your consultation.

Wendy



After your consultation with Dr. Longobardi, you might be asked to meet with our 'Surgery Scheduler' to make plans for an upcoming procedure or surgery. Wendy will assist in choosing a time & place most convenient for you.



Interesting
Orthopaedic &
Sports Medicine
links for you:

www.aossm.org
www.fitness.gov

ORTHO Q & A Ask Dr. Longobardi

- Q.** What does shoulder impingement mean?
- A.** Impingement is one of the most common causes of pain in the adult shoulder. It results from pressure on the rotator cuff from part of the shoulder blade, called the acromion, as the arm is lifted.



Our Mission

TO UNDERSTAND THE NEEDS of our patients and their families **TO COMBINE COMPASSION** knowledge and skill to give each patient the resources and treatment to obtain the highest level of productivity possible **TO PROVIDE THE FINEST QUALITY** orthopaedic specialty care utilizing the latest surgical techniques and treatment modalities **TO RESPECT EACH PERSON'S DIGNITY. TO TAILOR TREATMENT** to each patient's individual needs **TO PROVIDE EACH PATIENT WITH THE BEST TREATMENT** possible—now and for the future.